

MARIN YOUTH SERVICES GUIDE

DEVELOPMENTAL DISABILITIES

State Council on Developmental Disabilities - Area Board 5

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Regional Centers help coordinate the services and supports that are needed because of a developmental disability. This is called **case management** or **service coordination**. A case manager or service coordinator will be assigned to help develop a plan for services, tell you where services are available, and help you get the services. The following are some of the services and supports provided by the regional centers:

- Information and referral
- Assessment and diagnosis
- Counseling
- Lifelong individualized planning and service coordination
- Purchase of necessary services included in the individual program plan
- Resource development
- Outreach
- Assistance in finding and using community and other resources
- Advocacy for the protection of legal, civil and service rights
- Early intervention services for at risk infants and their families
- Genetic counseling
- Family support
- Planning, placement, and monitoring for 24-hour out-of-home care
- Training and educational opportunities for individuals and families
- Community education about developmental disabilities